

TCCHS Menu



January 2024



Monday	Tuesday	Wednesday	Thursday	Friday
Assorted cereal, fruit, juice and milk are offered daily with breakfast. Assorted Smart Mouth pizzas, PB&J combo plate, salad bar, fruit and milk are offered daily at lunch.				
8 SAUSAGE BISCUIT /CEREAL BAR Chicken & Rice / Roll BBQ Sandwich Roasted Broccoli Potato Wedges Coleslaw Pickle Spear	9 HAM & CHEESE CROISSANT Beef & Cheese Nachos/Salsa Chicken Sandwich Lettuce/Tomato/Pickle Refried Beans / Yellow Rice Waffle Fries Lettuce/Tomato/Sour Cream	10 CHICKEN BISCUIT/POPTART Chicken Noodle Soup w/ Grilled Cheese and/or Crackers Meatball Subs/Marinara Sauce Tater Tots Veggie Cups Cinnamon Rolls	11 PANCAKE PUP/MUFFINS Boneless Wings <i>Side of Buffalo Sauce</i> Texas Toast Baked Beans Side Winders Carrot & Celery Sticks	12 BREAKFAST IN A CUP Corn Dogs / French Fries <i>Brunch for Lunch</i> French Toast Sticks Sausage/Yogurt Hashbrown Patty Carrot Souffle Treat
15 MLK Holiday No School	16 SAUSAGE BISCUIT/MUFFINS Chicken Bacon Ranch Sandwich Soft Tacos Lettuce/Tomato/Sour Cream Chips/Salsa Mexicali Corn Cuban Black Beans & Rice Waffle Fries	17 YOGURT PARFAIT/POPTART Breaded Chicken/Cornbread Bacon Cheeseburger/French Fries Squash Casserole Sweet Potatoes Collard Greens Lettuce/Tomato/Pickle	18 HAM & CHEESE CROISSANT General Tso's Chicken w/ Rice Sub Sandwiches / Chips Assorted Toppings Vegetable Spring Roll Tuscan Vegetables Veggie Cup	19 BREAKFAST IN A CUP Meaty Chili / Cornbread Hot Dog / Chips Baked Potato Side of Cheese & Sour Cream Coleslaw Treat
22 CHICKEN BISCUIT/POPTART Chili Cheese Fries/Biscuit BBQ Sandwich /French Fries Baked Beans Whole Kernel Corn Pickle Spear Sour Cream	23 HAM & CHEESE CROISSANT Beef & Cheese Nachos/Salsa Chicken Sandwich Lettuce/Tomato/Pickle Refried Beans / Yellow Rice Potato Wedges Lettuce/Tomato/Sour Cream	24 SAUSAGE BISCUIT /CEREAL BAR Chicken Alfredo / Breadstick Meatball Subs/Marinara Sauce Roasted Broccoli Tri-Color Vegetable Bake Side Winders Banana Pudding	25 PANCAKE PUP/MUFFINS Boneless Wings <i>Side of Buffalo Sauce</i> Biscuit French Fries Carrot & Celery Sticks	26 BREAKFAST IN A CUP Country Fried Chicken w/ gravy Hamburger / Tater Tots Mac & Cheese Green Beans Mashed Potatoes Lettuce / Tomato / Pickle Treat
29 CHICKEN BISCUIT/CEREAL BAR Hamburger Steak / Roll BBQ Sandwich/ French Fries Coleslaw Lima Beans Glazed Carrots Pickle Spear	30 SAUSAGE BISCUIT/MUFFINS Chicken Bacon Ranch Sandwich Soft Tacos Lettuce/Tomato/Pickle Chips / Salsa / Sour Cream Mexicali Corn Cuban Black Beans & Rice Waffle Fries	31 YOGURT PARFAIT/POPTART Breaded Chicken/Biscuit Hamburger/French Fries Mac & Cheese Black Eyed Peas Breaded Okra Lettuce/Tomato/Pickle	Feb. 1st HAM & CHEESE CROISSANT General Tso's Chicken w/ Rice Sub Sandwiches / Chips Assorted Toppings Vegetable Spring Roll Tuscan Vegetables Veggie Cup	Feb. 2nd BREAKFAST IN A CUP Corn Dogs / Tater Tots <i>Brunch for Lunch</i> French Toast Sticks Sausage/Yogurt Hashbrown Patty Carrot Souffle Treat

Menu subject to change based on food availability.

This institution is an equal opportunity provider.